

# 100 Days of Decluttering

## Declutter Your Home Office

- September 23** – Pens, Pencils, and Pencil Sharpeners
- September 24** – Highlighters, Markers, and Colored Pencils
- September 25** – Scissors, Tape Rolls (Clear, Masking Tape, etc.), and Tape Dispensers
- September 26** – Glue Sticks, Rubber Bands, Crazy Glue, and Gorilla Glue
- September 27** – Staplers, Staples, Hole Punchers, and Fasteners (Base and Prongs)
- September 28** – Sticky Notes, Sticky Flags and Tabs, Sticky Notes Pop-Up Dispensers
- September 29** – Mailing Envelopes, Catalog Envelopes, Coin and Small Parts Envelopes
- September 30** – Labels, Stamps, and Rubber Stamps
- October 1** – Printer Paper and Ink Cartridges
- October 2** – Manila File Folders, Hanging Folders, Folder Tabs, and Accordion Files
- October 3** – Binders and Dividers
- October 4** – Calendars and Planners
- October 5** – Bulletin Board/White Board and Supplies (Tacks, Markers, Erasers)
- October 6** – Notepads and Notebooks
- October 7** - Stationery, Greeting Cards, and Thank You Notes
- October 8** - Bullet Journal Supplies
- October 9** – Organizers – Pen Cups, Letter Tray, Drawer Organizers, and So On
- October 10** – Small Equipment – Scanner, Label Maker, USB Drives, External Hard Drive

## Declutter Books and Magazines

- October 11** – Magazines, Catalogs, and Newspapers
- October 12** – Cookbooks, Food Books, Wine Books
- October 13** – Reference and Textbooks
- October 14** – Kids' Books
- October 15** – Novels
- October 16** – Nonfiction Books
- October 17** – Comic Books
- October 18** – Phone Books
- October 19** – Coffee Table Books (Books You Use as Décor)

## Declutter Clothing

- October 20** – Adult T-Shirts and Tank Tops
- October 21** – Adult Long-Sleeved Shirts, Dress Shirts, and Blouses
- October 22** – Adult Sweaters, Jackets, and Coats
- October 23** – Adult Shorts, Sweat Pants, Yoga Pants, and Other Workout Clothes
- October 24** – Adult Jeans, Dress Pants, and Skirts
- October 25** – Adult Dresses and Formal Wear
- October 26** – Adult Socks, Underwear, and Any Other Underclothing
- October 27** – Adult Robes, Pajamas, and Slippers
- October 28** – Adult Belts, Hats, Purses, Ties, Gloves, Scarves, and Other Accessories
- October 29** – Adult Shoes and Boots
- October 30** – Adult Jewelry
- October 31** – Adult Sports Equipment (Tennis Rackets, Softball Gear, Roller Blades, etc.)
- November 1** – Adult Miscellaneous (Swimsuits, Halloween Costumes, and So On)
- November 2** – Luggage, Duffel Bags, Backpacks, and Sports Bags
- November 3** - Kid T-Shirts and Tank Tops
- November 4** – Kid Long-Sleeved Shirts, Dress Shirts, and Blouses
- November 5** – Kid Sweaters, Jackets, and Coats
- November 6** – Kid Shorts, Sweat Pants, and Other Sports Clothes
- November 7** – Kid Jeans, Dress Pants, and Skirts
- November 8** – Kid Dresses and Formal Wear
- November 9** – Kid Socks, Underwear, and Any Other Underclothing
- November 10** – Kid Robes, Slippers, and Pajamas
- November 11** – Kid Belts, Hats, Purses, Gloves, Scarves, and Other Accessories
- November 12** – Kid Shoes and Boots
- November 13** – Kid Jewelry
- November 14** - Kids Sports Equipment (Tennis Rackets, Softball Gear, Roller Blades, etc.)
- November 15** – Kid Miscellaneous (Swimwear, Halloween Costumes, Uniforms, and So On)

### Declutter the Bathroom

- November 16** – Medicine and First Aid Supplies (Band-Aids, Dressings, and Antiseptic)
- November 17** - Toiletries – Skincare and Shaving Products
- November 18** - Soaps (including hand soap), Body Washes, and Body Creams
- November 19** - Feminine Hygiene Products
- November 20** - Oral Hygiene Products (Toothbrushes, toothpaste, floss, and so on)
- November 21** - Hair Products: Brushes, Combs, Styling Tools, Hair Clips, Rollers, etc.
- November 22** - Make-Up and Brushes
- November 23** - Towels and Wash Towels
- November 24** - Perfume and Colognes
- November 25** - Toilet Paper, Cotton Swabs, Cotton Balls, and So On
- November 26** – Tweezers, Clippers, and Other Manicure Supplies
- November 27** - Bathroom Organizers – Shower Caddy, Trays, Wire Baskets, and So On
- November 28** - Miscellaneous (loofah, body brush, bubble bath, shower cap, and so on)

### Declutter the Kitchen

- November 29** – Cookware: Pots, Pans, Skillets, Dutch Oven, Pressure Cooker, and So On
- November 30** – Knives (Chef’s, Paring, Boning, Carving, Etc.) and Cutting Boards
- December 1** – Bakeware: Pans, Cookie Sheets, Pie Plate, Muffin Tins, and So On
- December 2** – Baking Equipment: Rolling Pin, Wire Rack, Mixing Bowls, Cookie Cutters, Whisk, and So On
- December 3** – Cooking Equipment: Measuring cups, Measuring Spoons, Graters, Peelers, Wooden Spoons, Colanders, Kitchen Shears, Spatulas, Tongs, Etc.
- December 4** – Small Appliances: Toaster, Blender, Food Processor, Slow Cooker, Waffle Maker, Can Opener, Kitchen Scale, Electric Hand Mixer, and So On
- December 5** – Cutlery, Silverware, and Flatware
- December 6** – Drinking Glasses, Wine Glasses, Cups, Mugs, and Other Drinkware
- December 7** - Serving Dishes, Plates (Dessert, Salad, Service Plate) and Bowls
- December 8** – Storage Containers: Canisters, Mason Jars, Tupperware, and So On
- December 9** - Miscellaneous – Water Pitcher, Aprons, Oven Mitts, Potholders, Teakettle, and so on.

### Declutter Paper

- December 10** – Clippings Saved to Read Later
- December 11** – Materials from Courses or Seminars You've Taken
- December 12** – Warranties and Manuals
- December 13** – Insurance Policies
- December 14** – Credit Card Statements
- December 15** – Business Cards
- December 16** – Letters and Greeting Cards
- December 17** – Receipts
- December 18** – Tax-Related Documents
- December 19** – Medical Records
- December 20** – Kids' Art Work and School Papers
- December 21** – Miscellaneous Papers

### Declutter Electronics

- December 22** – Music Players, CDs, and DVDs
- December 23** – Computers and Accessories
- December 24** – Phones and Accessories
- December 25** – Tablets and Accessories
- December 26** - Cameras and Accessories
- December 27** – Video Game Consoles, Video Games, and Accessories
- December 28** – Miscellaneous – Adapters, Headphones, Cords, Power Strips

### Declutter the Linen Closet

- December 29** – Sheets, Pillow Cases, Quilts, Duvets, and Blankets
- December 30** – Table Linens and Napkins
- December 31** – Miscellaneous – Other Things You Store In Your Linen Closet